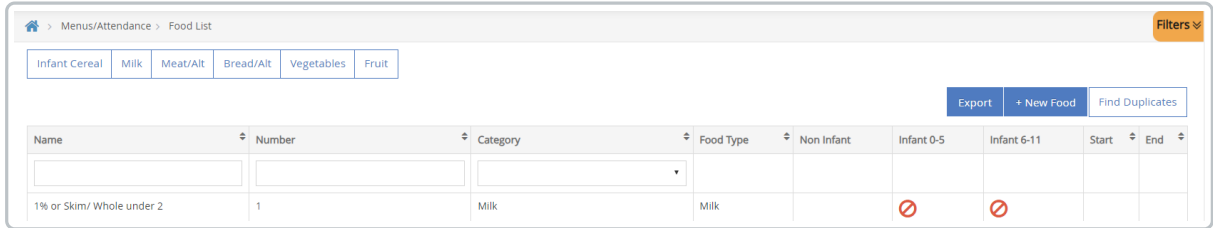


Print Your Food Chart

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CDT

In order to print your food list:

1. From the menu to the left, click **Foods** and select **Food List**.
2. Click **Export**. A spreadsheet downloads. From here, you can customize the list with your own logo, contact information, and so on.



Sample report:

CHILDREN'S FOOD CHART				
VEGETABLES		FRUITS		
Fresh, Frozen, Canned, Dried	Fresh, Frozen, Canned, Dried	Fresh, Frozen, Canned, Dried	JUICES (Cont.)	MILK
152 Artichokes *	134 Peppers, Green	01 Apples	63 Orange Combinations Juice *	1 1% or Skim/ Whole under 2 *
153 Asparagus	## Peppers, Red	03 Applesauce	62 Orange Juice *	Whole under 2 *
154 Avocado	261 Pickles	04 Apricots	65 Pineapple Combinations *	
155 Baked Beans	215 Pinto Beans	05 Bananas	64 Pineapple Juice *	
217 Baked Potato	## Pork and Beans	06 Blackberries	66 Popsicles (100% Juice ONLY) *	
156 Bean Sprouts *	221 Potato Salad	07 Blueberries	67 Prune Juice *	
157 Beets	## Potato Skins *	08 Blueberry Pie Filling *	68 Raspberry Juice *	
158 Black Beans	216 Potatoes, AuGratin	10 Boysenberries	70 Tangerine Juice *	
160 Blackeyed Peas	## Potatoes, Scalloped	11 Cantaloupe	71 Tomato Juice *	
## Bok Choy	## Red / Kidney Beans	12 Cherries	73 V-8 Juice *	
162 Broccoli	## Refried Beans	13 Cherry Pie Filling *		
161 Broccoli	231 Salsa	14 Cranberries		
163 Brussels Sprouts	## Sauerkraut	47 Cranberries (Relish / Sauce)		
164 Butternut Squash	## Spinach			
165 Cabbage, Red / White	## Stew Vegetables	15 Dates		
168 Caesar Salad *	241 Stewed Tomatoes	16 Figs		
166 Carrots	## Sweet Potato / Yams	17 Fruit Cocktail		
167 Cauliflower	## Tater Tots	18 Fruit Salad		
170 Celery Sticks *	## Tomato Paste	20 Grapefruit		
171 Cole Slaw *	## Tomato Sauce	21 Grapes *		
172 Collard Greens	## Tomatoes, Puree	22 Guava		
173 Corn	## Tossed Salad *	23 Honeydew Melon		
174 Cucumbers	## Turnips	24 Kiwi		
176 Eggplant	01 Turnips	02 Kiwifruit		
177 English Peas	## Wax / Yellow Beans	25 Mandarin Oranges		
178 French Fries	## White Squash	26 Mangos		
## Fresh Tomatoes	## Yellow Squash	48 Mixed Fruit		
180 Garbanzo Beans / Chick Peas	## Zucchini Squash	27 Nectarines		
		28 Oranges		
181 Great Northern Beans	## SOUPS	30 Papaya		
186 Greek Salad *	## Bean Soup	31 Peaches		
182 Green Beans	## Corn Chowder	32 Pears		
183 Green Onions / Scallions	## Lentil Soup	33 Pineapple		
213 Green Peas	251 Minestrone Soup	34 Plantain		
185 Greens	## Other Soups	35 Plums		
## Greens, Mustard	## Potato Soup	36 Prunes		
187 Hash Browns	## Split Pea Soup	37 Pumpkin Pie Filling *		
188 Instant Potatoes	## Tomato Soup	38 Raisins & Fruit / Veg *		
## Kale	## Vegetable Soup	40 Raspberries		
02 Kale		43 Strawberries		
03 Kale Salad *LD/SM		44 Tangerines		
201 Lentils		45 Watermelon		
## Lettuce *				
## Lima Beans				
218 Mashed Potatoes				
## Mixed Vegetables				
## Mung Beans				
## Navy Beans				
## New / Red / White Potatoes				
## Okra (fresh)				
## Olives				
210 Other Beans				
211 Other Vegetables				
212 Parsnip				

INFANT FOOD CHART	
MEAT & EGGS	INFANT CEREAL
211 Infant Beef	201 Infant Barley Cereal
212 Infant Chicken	## Infant High-Protein Cereal
210 Infant Egg	## Infant Mixed Cereal
213 Infant Ham	## Infant Oatmeal Cereal
214 Infant Lamb	## Infant Rice Cereal
215 Infant Turkey	201 Infant Barley Cereal
216 Infant Veal	## Infant High-Protein Cereal
36 Infant Yogurt BR/LD	## Infant Mixed Cereal
	## Infant Oatmeal Cereal
	## Infant Rice Cereal

INFANT MILK / FORMULA	
11 Non-Iron Fort. Infant Formula, Dr Statement Required	
12 Parent Supplied Infant Formula / Breast Milk	
13 Provider Supplied Infant Formula	VEGETABLES / FRUITS Make selections from the regular food chart